**UNIVERSITY OF BENIN TEACHING HOSPITAL, BENIN CITY, NIGERIA**

**DEPARTMENT OF PHYSIOTHERAPY**

**NEUROLOGY UNIT**

**CURRICULUM VITAE**

**A. Personal Data**

1.Name (Surname First): HAMMED, Isiaka Adebisi

2. Date of Birth: 16th February 1987

3. Contact Details

(a) Physical Address: 26, Nova Road Off Uwasota, Benin-City, Edo State

(b) E-mail [aiadebisi@yahoo.com](mailto:aiadebisi@yahoo.com), h.adebisi@ubth.org

(c) Language spoke English, Yoruba, Hausa, and Arabic

(d) Mobile Phone Number: +2347062982124

4. Nationality: Nigerian

5. State of Origin: Oyo

6. Senatorial district: Oyo North

7. Local Government Area: Oorelope

8. Permanent Home Address: 22, Mofileoluwalowo House, Sanngo Saki, Oyo State

9. Marital Status: Married

10. Next of Kin: HAMMED Halilat Adenike (Mrs.)

11. Contact Address of Next of Kin

(a) Physical Address: 26, Nova Road Off Uwasota, Benin-City, Edo State

(b) E-mail Address: jokodolahalilat@yahoo.com

(c) Mobile Phone Number: +2348100356385

13. Date of Assumption of Duty: March 1st, 2018

14. Rank/Status on First Appointment: Physiotherapist

15. Present Status: Principal physiotherapist

17. Present Salary Grade and Step: CONHESS 11 step 04

18. Date of Confirmation of Appointment: March 1st, 2020

(a) Hospital: University of Benin Teaching Hospital

(b) Department: Physiotherapy

(c) Unit: Neurology (Stroke specialist)

**B. Educational Background**

**1. Higher Educational Institutions Attended (With Dates)**

(a). Bayero University Kano, Kano 2007 – 2012

(b). University of Benin, Benin City 2015 – 2017

(c). University of Benin, Benin City 2018 - 2021

**2. Academic and Professional Qualifications (With Dates)**

(a). Bachelor of Physiotherapy 2012

(b). Master of Science (Education) in Exercise Physiology 2018

(d). Doctor of Philosophy (Ph.D.) in Exercise Physiology 2022

**3. Other Honours and Awards (With Dates)**

1. Year 2008/2009 Scholarship Award - Offered by Ministry of Education Oyo State Scholarship Scheme (2010).
2. Certificate of Honour as Member Advisory Committee – Offered by Anatomical Society of Bayero University Kano (ASOBUK) Faculty of Medicine (2008/2009 sessions).
3. Certificate of Honour as Member Mosque Committee – Offered by Islamic Medical Association Bayero University Kano Chapter (ISMA BUK) (2010 to 2011).
4. Certificate of Meritorious Service – Offered by National Youth Service Corps, Corps Medical Team (COMET) (2015).
5. Certificate of Excellent for being Conscientious, Empathic, and Professional - Offered by Department of Physiotherapy, University of Benin Teaching Hospital, Benin City, Edo State (2022).

**C. Work Experience with Dates**

1. **Work Experience outside the University of Benin Teaching Hospital with Dates**
2. Industrial Training: National Orthopedics Hospital, Dala, Kano State, Nigeria (2009 – 2010)
3. NYSC Physiotherapist: Irrua Specialist Teaching Hospital, Irrua, Edo State, Nigeria (March 24, 2014 – March 23, 2015)
4. Physiotherapist: Aweni Hospital, Saki, Oyo State, Nigeria (April 14, 2015 – January 12, 2016)

**2. Work Experience in University of Benin Teaching Hospital, Edo State, Nigeria**

1. Intern Physiotherapist – Department of Physiotherapy 2013 – 2014

b. Physiotherapist – Department of Physiotherapy 2018 – 2020

c. Principal Physiotherapist – Department of Physiotherapy 2021 – to date

**D. Membership in Professional Organizations/Bodies**

(i) Member, Nigeria Society of Physiotherapy (NSP) 2012 to date

(i) Medical Rehabilitation Therapist Board of Nigeria (MRTBN) 2012 to date

(ii) Health and Care Professionals Council-Physiotherapist (HCPC) 2022 to date

(ii) Member, Nigeria Association of Sports Science and Medicine (NASSM) 2017 to date

(iii) Member, Society for the Study of Pain Nigeria (SSPN) 2022 to date

(iv) Member, Nigeria Association for Physical and Health Education, Recreation,

Sports, and Dance (NAPHER-SD) 2021 to date

**E. PUBLICATIONS**

**1. Thesis/ Dissertations**

(a) **Hammed, I.A.** (2012): Sociodemographic Correlates of Health-Related Quality of Life in Low Back Pain Patients in Kano Metropolis. Bachelor of Physiotherapy Dissertation. Bayero University Kano, Kano, Nigeria.

(b) **Hammed, I.A.** (2018): Effects of a 12-Week Strength Training on Handgrip Strength and Function of Type II Diabetes Mellitus Patients in a Tertiary Health Institution in Benin-City, Nigeria. Master of Science Thesis. The University of Benin, Benin-City, Nigeria.

(c) **Hammed, I.A.** (2021): Effectiveness of Cryokinetics on Motor Functions of Upper and Lower Extremities of Subjects with Spinal Cord Injury in a Tertiary Health Institution in Nigeria. Doctor of Philosophy Thesis. The University of Benin, Benin-City, Nigeria.

**2. Book/Monograph: Nil**

**3. Contribution to Books**

1. **Hammed, A.I.** & Elias O. Agwubike (2017).Mentorship in Physiotherapy in Nigeria: A Basis for Repositioning. Leadership and Mentorship in Physical Education, Health Education, Recreation, Sports and Dance in Nigeria, University of Benin, 239-251, Benin-City: Ambik press, I S B N 978-978-8509-38-7. **Nigeria**.

**4. Published Journal Articles**

1. **Hammed, A.I.** & Agbonlahor, E.I. (2016). Interdependence of marital status and clinical characteristics of morbidity with health-related quality of life among low back pain patients. *Journal of Biomedical Human Kinetics*, 8, 159–164. **(Poland)**
2. **Hammed, A.I.,** Akindele, M.O., & Lawal, I.U. (2017). Sociodemographic Correlate Health-Related Quality of Life in Subjects with Non-specific Low Back Pain Among Nigerians. *Journal of Biomedical Sciences (American Institute of Science)*, 2(3), 11-17. **(USA)**
3. **Hammed, A.I.** & Adodo, S.M. (2017). Anthropometric Correlates of Handgrip Strength among Primary School Pupils. *Movement, Health & Exercise*, 6(2), 149-157. **(Malaysia)**
4. Agbonlahor, E.I. & **Hammed, A.I.** (2017). Effects of a 12-Week Strength Training on Hand Function of Type II Diabetes Mellitus Patients. *Movement, Health & Exercise*, 6(2), 21-28. **(Malaysia)**
5. **Hammed, A.I.** & Obaseki, C.O. (2017). Interdependence of Body Mass Index on Handgrip Strength and Endurance among Apparently Healthy Teenagers. *Turk Journal of Kinesiology, 4(1), 1-7*. **(Turkey)**
6. Agwubike, E.O., Kubeyinje, O.S., & **Hammed, A.I.** (2017). The Best Collaborative Option for Solving the 21st Century Global Health Problems: Policies and Issues with Physiotherapy. African Journal of Studies in Education *(AJOSIE), University of Benin*, 12(1), 237-249. **(Nigeria)**

1. **Hammed, A.I.** & Efe-Aigbovo, A. (2017). Age, Gender and Health in the Quality of Life of Patients with Low Back Pain in Kano Metropolis. *Journal of Education in Developing Areas (JEDA), University of Port Harcourt*, 25(1), 51-56. **(Nigeria)**
2. **Hammed, A.I.** & Agbonlahor, E.I. (2017). Relationship between Anthropometrics and Handgrip Strength among Nigerian School Children. *Journal of Biomedical Human Kinetics*, 9, 51-56. **(Poland)**
3. Ugboh, E. & **Hammed, A.I.** (2017).Association between Self-Esteem, Depression, Social Support and Quality of Life among Patients with Cerebrovascular Accident and Spinal Cord Injury. *Movement, Health & Exercise*, 7(1), 43-56. **(Malaysia)**
4. **Hammed, A.I.** & Akindele, M.O. (2017).Effects of a 10-week strength training program on hand function of patients with hand osteoarthritis. *Turk Journal of Kinesiology, 4(1), 19-25*. **(Turkey)**
5. **Hammed, A.I.,** Adodo, S.M., & Agwubike, E.O. (2018).Alterations in Gait Velocity and Grip Strength of Stroke Survivors Following a 12-Week Structured Therapeutic Exercise Programme. *Journal of Biomedical Human Kinetics*, 10, 76-80. **(Poland)**
6. **Hammed, A.I.** & Nicholas, O.S. (2016). Anthropometric Correlates of Hand Grip Strength among Female Nursing Students. *Institute Journal of Studies in Education,* 7(1), 37-42. **(Nigeria)**
7. **Hammed, A.I.** & Agwubike, E.O. (2017). Influence of Health Education Programme on Community Re-integration among Stroke Survivors. *International Journal of Biomedical and Clinical Sciences*, 3(3), 53-60. **(USA)**
8. Okhuahesuyi, E., **Hammed, A.I.,** & Obaseki, C.O. (2018).The Place of Physical Therapy in the Management of Critically Ill Patients. *Journal of Human Kinetics and Sports Science*, 2(1), 230-244. **(Nigeria)**
9. Ugboh, E., Chukwu, S.C., **Hammed, A.I.,** & Obaseki, C. (2018). Interdependence of Self-Esteem, Depression, Social Support and Quality of Life among Patients with Cerebrovascular Accident and Spinal Cord Injury. *Clinical Medicine Journal*, 4(3), 38-43. **(USA)**
10. Ahanotu, C.J., Ibikunle, P.O., & **Hammed, A.I.** (2018). The burden of caregiving, social support, and quality of life of informal caregivers of patients with cerebral palsy. *Turk Journal of Kinesiology, 4(2), 58-64*. **(Turkey)**
11. Agbonlahor, E.I. & **Hammed, A.I.** (2016). The handgrip and Pinch Strength Changes of Type II Diabetes Mellitus Patients Following a 12-week Strength Training Programme. *Ghana Journal of Health Physical Education Recreation Sports and Dance (GJOHPERSD)*, 9, 18-33. **(Ghana)**
12. Ahanotu, C.J., Ibikunle, P.O., & **Hammed, A.I.** (2018). Influence of Sex on Burden of caregiving, social support, and quality of life of informal caregivers of patients with cerebral palsy. *Clinical Medicine Journal, 4(2), 15-21*. **(USA)**
13. **Hammed, A.I.,** Oyewumi, T.J., & Nicholas, O.S. (2018). Effects of Aerobic Exercise Training on Cardiorespiratory Parameters of Obese Nurses. *International Journal of Preventive Medicine Research, 4(3),* 68-75. **(USA)**
14. Azeez, A.L. & **Hammed, A.I.** (2019). Socio-demographic correlates of quality of life in spinal cord injured patients. *Turk Journal of Kinesiology*, 5(2), 92-101. **(Turkey)**
15. Uzoh, P.C., **Hammed, A.I**., Onyemechi, E., Obaseki, C.O., & Kubeyinje, S.O. (2020). Psychosocial parameters as determinants of return to work among stroke survivors. *Exercise and Quality of Life Journal*, 12(2), 23-29. **(Serbia)**
16. **Hammed, A.I.,** Usman, S.O., Onyemechi, E., Duru, J.C., Oladimeji, O.J., & Jirho, O. (2021). Influence of maternal level of education and socioeconomic status on maternal knowledge of nutrition, physical activity and children’s bodyweight of Nigerian school pupils. *Exercise and Quality of Life Journal*, 13(1), 39-44. **(Serbia)**
17. Oyewumi, J.T., Ogbeivor, C., Omorotiomwan & **Hammed, I.A.** (2021). Covid-19 Pandemic: A Physiotherapy Update in University of Benin Teaching Hospital, Benin City, Edo State, Nigeria. *Journal of Sports and Physical Education*, 8(6), 26-28. **UK**
18. **Adebisi I. Hammed**, Elvis I. Ag­bonlahor, Solomon Ogbouma, Gabriel E. Arainru, S.M. Adodo & Collins Ogbeivor (2022). Effectiveness of Cryokinetics on Func­tional Independence of Participants with Spinal Cord Injury. *Biomedical Journal of Scientific & Technical Research,* 45(4), 36605-36612. **USA**
19. **Hammed, A.I.** & Oyakhire, A. (2022). Maternal Awareness of Nutrition and Physical Activities as Determinants of BMI in Nigerian School Pupils. *Journal of Anthropology of Sport and Physical Education*, 7(1), 3-6. **Spain**
20. **Hammed, A.I.**, Kubeyinje, O.S., Oyahkire, A., Adebimpe, D. & Onyemechi, E. (2023). Effects of Cryokinetics on Hand Function of Patients with Spinal Cord Injury. Journal of Anthropology of Sport and Physical Education, 7(2), 3-7. **Spain**

**5. Manuscript Submitted for Publication**

1. Agbonlahor, E.I. & **Hammed, A.I.** (2022). Optimizing Athletic Performance through Training, Nutrition and Supplementation. Journal of Nigeria Association of Sports Science and Medicine (NASSM) (In-press). **Nigeria**.
2. **Hammed, A.I.** & Agwubike, E.O. (2022). Demo-Anthropometric Profile of Female Nurse-Dancers in Selected Schools of Nursing in Oyo State, Nigeria. Dance Journal of Nigeria (In-press). **Nigeria**.
3. Obaseki, C.O., Oyewumi, T.J., **Hammed, A.I.**, Omorotiomwan, I., Usman, S.O., Kubeyinje, S.O., & Timothy, A.O. (2022). Effects of transcutaneous electrical nerve stimulation, phonophoresis and interferential current stimulation on hemiplegic shoulder pain of stroke survivors. SSPN Journal (In-press). **Nigeria**.

**F. PROFESSIONAL ACCOMPLISHMENT AND CONTRIBUTIONS TO KNOWLEDGE**

In my initial two years at my current place of work, I completed a 16-week rotation each in the clinical units of Neurology physiotherapy, Orthopedic/Burns and Plastic physiotherapy, Geriatrics physiotherapy, Paediatrics physiotherapy, Women's health physiotherapy, Cardiopulmonary physiotherapy (which included ICU and burn intensive unit, and oncology care). Since the beginning March of 2019, I have been practicing as a Neurology-focus physiotherapist with round-the-clock in-patient responsibilities and outpatient clinical duties. Currently, I am the Team Lead for neurological physiotherapy. During Covid 19 pandemic, I was a member of the physiotherapy team at the isolation center for 6 months in Edo State, Nigeria. Thereafter, I documented my experience at the isolation center and I wrote an article on the Covid-19 Pandemic: A Physiotherapy Update in the University of Benin Teaching Hospital, Benin City, Edo State, Nigeria. This article was published in a peer review journal in the UK [Oyewumi, J.T., Ogbeivor, C., Omorotiomwan & **Hammed, I.A.** (2021)]. I am skilled in CT scans and MRI interpretations.

I have observed from my unit, especially the outpatient clinic that gait problems and handgrip weakness are the major complaints after being discharged from the inpatient stroke unit. Thus, I carried out a study to establish a structured therapeutic program to challenge these complaints. After establishing and administering the programs to patients for a few weeks, significant improvements in patients’ gait quality and handgrip strength were recorded. This study has been published in a peer review journal in Poland [**Hammed, A.I.**, Adodo, S.M., & Agwubike, E.O. (2018). Alterations in Gait Velocity and Grip Strength of Stroke Survivors Following a 12-Week Structured Therapeutic Exercise Programme. *Journal of Biomedical Human Kinetics*, 10, 76-80]. Moreover, to enhance the community integration of stroke survivors, I have established a health education program that could help my patients quickly re-integrate into the community. This study has been published in a peer review journal in the USA [**Hammed, A.I.** & Agwubike, E.O. (2017). Influence of Health Education Programme on Community Re-integration among Stroke Survivors. *International Journal of Biomedical and Clinical Sciences*, 3(3), 53-60]. Following these studies, my colleagues and I then established the determinants of return to work following a stroke. This work has also been published in a peer review journal in Serbia [Uzoh, P.C., **Hammed, A.I**., Onyemechi, E., Obaseki, C.O., & Kubeyinje, S.O. (2020). Psychosocial parameters as determinants of return to work among stroke survivors. *Exercise and Quality of Life Journal*, 12(2), 23-29]. Furthermore, I am the first to develop and published cryokinetics protocols to challenge motor dysfunctions following spinal cord injury in Nigeria. The protocol is still in use in the neurosurgical unit and has substantially helped many patients with spinal cord injuries. This protocol (cryokinetics) has been published in a peer review journal in the USA [**Adebisi I. Hammed**, Elvis I. Ag­bonlahor, Solomon Ogbouma, Gabriel E. Arainru, S.M. Adodo & Collins Ogbeivor (2022). Effectiveness of Cryokinetics on Func­tional Independence of Participants with Spinal Cord Injury. *Biomedical Journal of Scientific & Technical Research,* 45(4), 36605-36612].

As a neurological physiotherapy specialist who has worked for about 5 years in Nigeria’s first and largest stroke unit, I have made expert contributions toward providing an evidence-based assessment of stroke, effective and efficacious interventions for patients with functional limitations and gait problems. I have showcased the state-of-the-art International Classification of Functioning, Health, and Disability framework for research and practice in stroke, Parkinson’s disease, and spinal cord injury with an emphasis on the optimization of functional independence and quality of life. With the aim of getting the body back to full function through randomized controlled trials, I have conducted many studies in neurology, particularly on stroke, spinal cord injury, and cerebral palsy. I have published more than 27 original scientific articles in peer review journals to provide evidence-based approaches for inpatient and outpatient rehabilitation of stroke, spinal cord injury, and cerebral palsy as well as the promotion of physical activity.

As an expert in physiotherapy who has knowledge in exercise physiology at advanced levels (M Sc. and Ph. D), I believe I am in the best position to provide information on exercise testing, and prescriptions, and recommend therapeutic exercises based on scientific evidence and research in any community globally. This is because the science of exercise in physiotherapy is based on exercise physiology. Thus, being an expert in both physiotherapy and exercise physiology at the same time could be an edge over those who are either physiotherapists or exercise physiologists. I could make a lot of health advancements through what is called training the trainers, seminars, workshops, and publications that people can use and certain individuals can assess direct training and impact. Once an index is changed in any system, it has a way of cascading all over. That is, if the index of health is changed especially in the prevention and management of neurological conditions and training of some individuals on exercise testing and prescriptions, will surely result in having a higher workforce that is healthy. Also, I am prepared to continue scientific research into the development of new effective and efficacious exercise protocols to further prevent and manage neurological conditions.

My contributions to good clinical skills, good interpersonal relationships, communication, training, and interest in research especially impact studies paved the way for my appointment as the Chairman of the Research, Publication, and Evidence-based Implementation Committee in January 2022 at the Department of Physiotherapy, University of Benin Teaching Hospital, Nigeria. In 2017, I was recommended by Nigeria’s Honorable Minister of Communication for the 2017 Hajj operation. The Honorable Minister attested to my good conduct and positive strength of character. As a dedicated Muslim and practicing Physiotherapist, the Honorable Minister recommended me for the operation of the Medical Team, which would contribute in no small measure to the National Hajj Commission of Nigeria, in carrying out a smooth Hajj exercise in Nigeria and Saudi Arabia for the 2017 Hajj. Also, as an exercise physiologist and physiotherapist, I was a member of the medical team at the Edo 2020 National Sports Festival which took place in March; 2021 because of the Covid-19 pandemic. I led the team covering male and female football matches at the University of Benin Sports Complex, Edo State. With my knowledge in physiotherapy and exercise physiology, I managed many football players who sustained different injuries and then decided whether the players should return to the field. In addition, during my one-year National Youth Service Corps (NYSC), I volunteered in some community-based public health and medical programs. Tasks in these programs included participation in capacity building of health care providers in the host community’s primary and secondary health institutions, free physiotherapy consultation, and management of common musculoskeletal conditions such as osteoarthritis and health awareness campaigns on prevention of physical inactivity and promotion of a desirable lifestyle. Some of these programs received commendation certificates from the NYSC. I attended (and certified) HCPC’s joining the UK Workforce event on the 28th of February, 2023.In 2021, I was given an award of Excellence for Brilliant and Consistent High Standards of Performance in Physiotherapy and Clinical Research–Offered by the Department of Physiotherapy, University of Benin Teaching Hospital, Benin City, Edo State, Nigeria.

**G. CONFERENCES (SEMINARS AND WORKSHOPS) ATTENDED**

1. Principle of Assessment and Rehabilitation of Neurological Conditions, RAY Medical Rehabilitation Institute, Kano State, Nigeria in Conjunction with Medical Rehabilitation Therapists Board of Nigeria (2023).
2. Radiological Principles in Neurological Physiotherapy, RAY Medical Rehabilitation Institute, Kano State, Nigeria in Conjunction with Medical Rehabilitation Therapists Board of Nigeria (2023).

1. Assessment and Physiotherapy Management of Stroke, RAY Medical Rehabilitation Institute, Kano State, Nigeria in Conjunction with Medical Rehabilitation Therapists Board of Nigeria (2023).

1. Assessment and Physiotherapy Management of Spinal Cord Injury, RAY Medical Rehabilitation Institute, Kano State, Nigeria in Conjunction with Medical Rehabilitation Therapists Board of Nigeria (2023).
2. 24th Scientific Conference and Annual General Meeting on Pain: From Knowledge to Practice, at Aminu Kano Teaching Hospital, Kano, Kano State, Nigeria (2022).
3. International Training of Trainers in Geriatrics, University of Benin Teaching Hospital (UBTH) in Collaboration with Centre of Excellence in Reproductive Health Innovation and National Postgraduate Medical College, Nigeria (2020).
4. Best Practices in Academic/Clinical Department Administration and Scholarship, University of Medical Sciences, Ondo State Nigeria in Collaboration with Chicago State University, USA (2018).
5. Improving the Clinical Competence and the Education of the Medical Rehabilitation Therapists in Nigeria, Occupational Therapist Association of Nigeria in Conjunction with Medical Rehabilitation Therapists Board of Nigeria (2018).
6. Sport Science in Health, Wellness, and Performance Enhancement, Nigeria Association of Sports Science and Medicine in Collaboration with Department of Human Kinetics and Sport Science and Department of Physiotherapy University of Benin, Benin City, Nigeria (2016).
7. Enlightenment Programme of Association of Muslim Health Students of Nigeria (AMHS) at Ahmadu Bello University, Zaria (2011).
8. ‘’Research Problem, Design, and Procedure’’ held on 10th June, 2032 by RAY Medical Rehabilitation Institute, Kano State.
9. ‘’Parametric and Non-parametric Statistics: Assumptions and Research Applications’’ held on 17th June, 2032 by RAY Medical Rehabilitation Institute, Kano State.

**H. MY DUTIES AND RESPONSIBILITIES**

1. I am responsible for supervising, educating, and assessing more junior physiotherapists, assistants, Technical instructors, and clerical staff. I serve as a clinical instructor to clinical students, intern physiotherapists, and physiotherapists in the neurology and geriatrics units. I engage in clinical teaching and facilitation in the neurology health specialty during ward rounds, and outpatient clinics. I help students and intern physiotherapists develop their clinical reasoning skills and basic clinical competence. I expose the trainees to the importance of patients and patient's family in treatment, the responsibilities of the clinician and patient, and also the need for respect and confidentiality. Furthermore, I teach trainees strategies for managing patients’ behaviors and ensuring patients' safety and comfort.
2. I demonstrate and also ask trainees to reproduce fundamental procedures in neurological physiotherapy. These include assessing, planning, and managing patients using the standardized holistic approach SOAPIER (Subjective assessment, Objective assessment, Analysis of findings, Plan of treatment, Intervention, Evaluation, Review) format. In addition to the SOAPIER method, the review of systems (a review of the current medical condition of the patient) and system review (a limited set of hands-on test-and measures perform to further determine the direction of examination) are incorporated into the subjective and objective assessment, respectively. Emphasis is also placed on the use of appropriate outcome measures to track the effectiveness of treatment and the prognosis of a patient.
3. I perform an advanced physiotherapeutic assessment of patients with diverse presentations and complex neurological conditions, to provide a diagnosis and develop and deliver an individualized treatment program.
4. Ensuring fair, diligent, respectful, and equal treatment of patients in my case.
5. Recognizing and responding to emergency situations at a level commensurate with my training and competency and seeking help when necessary.
6. Coordinating/participating in weekly clinical meetings and seminars with the help of my colleagues.
7. Coordinating and supervising clinical research activities of the stroke unit and collaborating with other professional colleagues in impact studies.
8. I communicate with relevant medical and nursing staff, social workers, other health care professionals, and patients’ relatives and carers who may be in direct contact with the post holder regarding patient care in order to facilitate a team approach to patient care.
9. Ensuring that I work within the health service policy and strategy as well as within the professional code of practice and clinical guidelines.
10. I undertake evidence-based audit and research projects to develop and enhance personal and team clinical practice. I make suggestions to the clinical director of service for changes to practice by the team. I assist in the implementation of specific changes to practice or contribute to service protocols.
11. I represent physiotherapy service and/or individual patients at the multi-disciplinary team meetings, to ensure the delivery of a coordinated multidisciplinary service, and integrate physiotherapy treatment into the treatment program. This includes a discussion of patient care, progress, and involvement in discharge planning. This process is often physiotherapy-led.

**Signature Date** 12/06/2023